

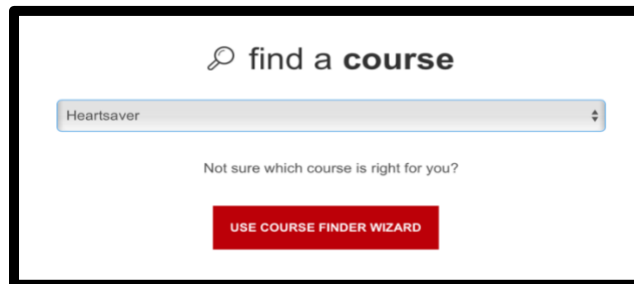


CPR instructions for Camp Carl Summer Staff

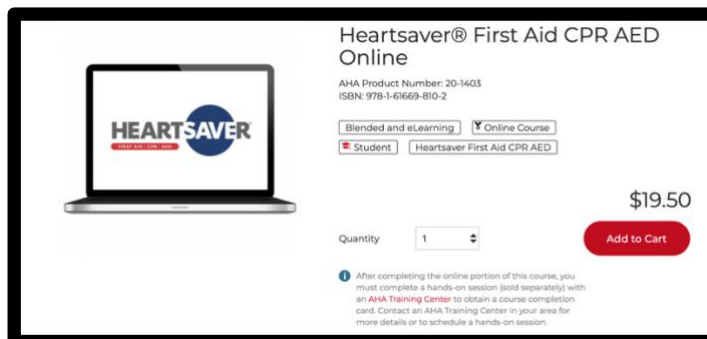
CPR INSTRUCTIONS

We need all staff to be CPR certified. If you have done it somewhere else please download certificate to staff page. If you need to do it, you can take it through American Heart Association. This will be good for two years. Follow the instructions below. This is a blended class so you will do online work prior to May 28th 2022 and then a skills session at Camp Carl training week.

1. Go to onlineaha.org
2. Go to find a course - see below
3. Choose Heartsaver



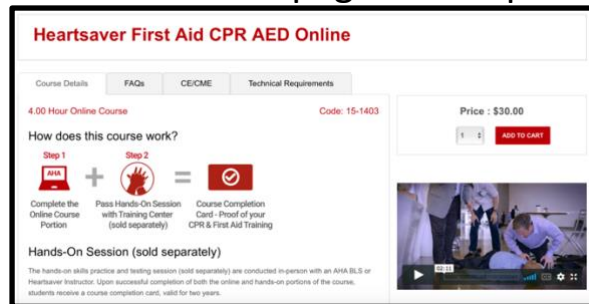
4. Choose Heartsaver First Aid CPR AED online (there are many options so make sure you choose the right course- see below)
5. Click on the course





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6. Add to cart. You will need to register and pay the \$19.50 to get the course. (We will reimburse this by putting \$20 on your Camp Store account!)
7. Do the Step 1 – online course portion only – it will take **4-6 hours** so prepare for that.
8. You will be redirected to another webpage to complete the class. See below



You are being redirected to eLearning.heart.org to purchase your Heartsaver course.

[Continue to eLearning.heart.org](https://eLearning.heart.org)

9. We will do Step 2 - the hands-on skill session at Camp Carl

This will take 4-6 hours so make sure you have it completed prior to arrival at Camp.

Please bring your printed online completion certificate with you to training week. You will not be able to take the hands-on part without it.